

Topics Covered

Component 1	Component 2
Topic 1: Applied anatomy and physiology Topic 2: Movement analysis Topic 3: Physical training Topic 4: Use of data	Topic 1: Health, fitness and well-being Topic 2: Sport psychology Topic 3: Socio-cultural influences Topic 4: Use of data

Revision Materials

- ✓ Exercise book
- ✓ Revision workshop
- ✓ GCSE BITESIZE PE
- ✓ S-cool revision website

