



# Personal, Social, Health and Economic Education

Information for Parents

Miss C Tatlock

PSHE Leader

# PSHE at Ormiston Shelfield Community Academy



- PSHE is delivered by tutors
- During a 1 hour lesson - Wednesday Period 3
- All year groups are taught PSHE during the same period, including Sixth Form
- There are 35 sessions during the year
- There are five main themes:
  - Relationships and Sex Education
  - Health and Wellbeing
  - Careers Education and Guidance
  - British Values
  - Economic Wellbeing

W/C	02-Sep	09-Sep	16-Sep	23-Sep	30-Sep	07-Oct	14-Oct	21-Oct	04-Nov	11-Nov	18-Nov	25-Nov	02-Dec	09-Dec	16-Dec	06-Jan	13-Jan	20-Jan	27-Jan	03-Feb	10-Feb	24-Feb	02-Mar	09-Mar	16-Mar	23-Mar	30-Mar	20-Apr	27-Apr	04-May	11-May	18-May	01-Jun	08-Jun	15-Jun	22-Jun	29-Jun	06-Jul	13-Jul	20-Jul
WEEK	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B
YR 7	Settling in / Relationships		£1 Charity Challenge				ASSESSMENT WEEK 1		Help I'm Hairy				Notes to Self				Families		Crime 1				ASSESSMENT WEEK 2		Families		Crime 1				ASSESSMENT WEEK 3		Careers				8 & 10 Health behaviours survey / 7 & 9 PSHE evaluation			
YR 8	British Values		Crime 2						Careers Guided Choices				Respectful Relationships				Staying Healthy		The Web We Want								Staying Safe													
YR 9	Migration		Body Image: 'Confident Me!'						Physical Health & Fitness				Healthy Relationships: 'Tell Me More'				The Election Process		Careers Learn to Earn								Show Racism the Red Card													
YR 10	Disrespect Nobody		Drugs & Alcohol Education						Snagged				Careers Life Mapping				Teenage Pregnancy		Managing online influences								Addressing Extremism													
YR 11	Careers Steps for Year 11		Health and Prevention						Snagged				Study Skills				Study Skills / Revision / Assessment / Progress Review / Outside speakers - SLT to support		EXAM PERIOD																					
Category Code		Relationships Education		Careers Education and Guidance		British Values		Health & Wellbeing		Economic wellbeing																														

Term ends Monday 20th July

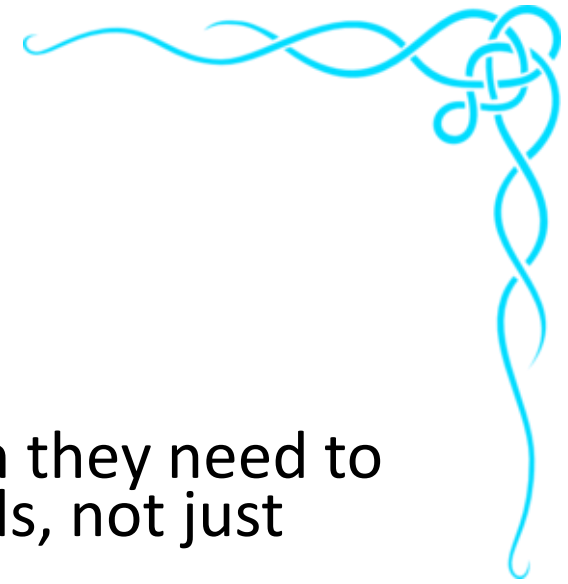
Y7 PSHE PROGRAMME 2019/20

WEEK No.	1	2	3	4	5	6	7	8	9	10	#	12	13	14	15	16	17	18	19	20	21	22	23	#	25	26	27	28	29	30	31	32	33	34	#	36	37	38	#	40										
W/C	02-Sep	09-Sep	16-Sep	23-Sep	30-Sep	07-Oct	14-Oct	21-Oct	04-Nov	11-Nov	18-Nov	25-Nov	02-Dec	09-Dec	16-Dec	06-Jan	13-Jan	20-Jan	27-Jan	03-Feb	10-Feb	24-Feb	02-Mar	09-Mar	16-Mar	23-Mar	30-Mar	20-Apr	27-Apr	04-May	11-May	18-May	01-Jun	08-Jun	15-Jun	22-Jun	29-Jun	06-Jul	13-Jul	20-Jul										
WEEK	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B										
UNIT	Settling in					£1 Charity Challenge					Help I'm Hairy					Notes to Self					Families					Crime 1					Careers																			
SESSION	1	2	3	4	5	1	2	3	4	5		1	2	3	4	5	1	2	3	4	5	1	2		3	4	5	1	2	3	4	5	1	2		3	4	5												
CONTENT	1 Getting to know each other					2a Changing schools 2b Being a Newcomer 3a This is me! 3b Yourself as others see you 4 Friendship 5 Relationships					1 What makes a good idea? 2 What's the big idea? 3 Who do we want to support? 4 Getting ready to trade 5 Evaluation					ASSESSMENT WEEK 1					1 Ground Rules / 'Help I'm Hairy' film 2: Physical changes 3 Advice & Support 4 Emotions 5 Healthy Body					1 What is Emotional Health? 2 Balancing Act 3 First Aid Box 4 What is Normal? 5 Five ways to Well-being					1 What is a family? 2 Bringing up children ASSESSMENT WEEK 2 3 You and your family 4 Getting on better with adults 5 Marriage					1 Crime & Young People 2 Vandalism 3 Graffiti 4 Arson 5 Robbery and Theft / 6 Assault					1 Changes and who can help me? 2 What influences me? ASSESSMENT WEEK 3 3 Skills for Life 4 This is Me! 5 Challenging Career Stereotypes Evaluation					Term ends Monday 20th July				

# Statutory Relationships and Sex Education and Health Education



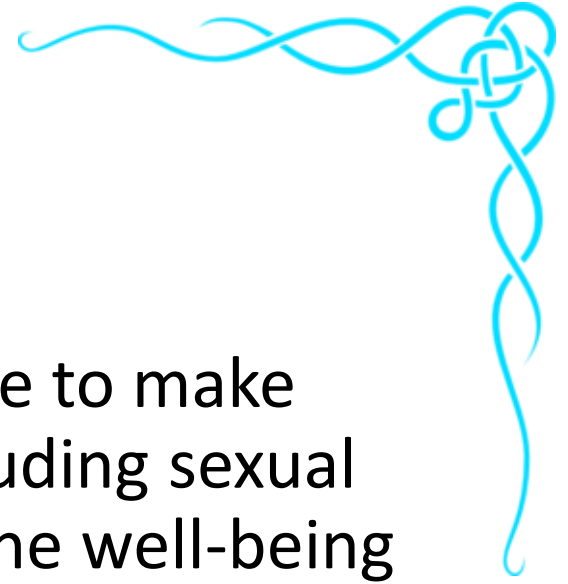
- From September 2019 - Schools will progress towards meeting statutory guidance – we are early adopters
- From September 2020 – All schools **must** be delivering RSE and health education
- The right to withdraw your child from RSE still stands, up to and until three terms before the child turns 16
- Content and the right to withdraw process are fully described in our newly updated policy which can be found on our website
- The government has rightly put a strong emphasis on parental engagement and communication – we are more than happy to answer any queries



# Definition

Relationship and sex education (RSE) is defined as:

- A programme designed to give young people the information they need to help them develop healthy, nurturing relationships of all kinds, not just intimate relationships.
- It should enable them to know what a healthy relationship looks like and what makes a good friend, a good colleague and a successful marriage or other type of committed relationship.
- It should also cover contraception, developing intimate relationships and resisting pressure to have sex (and not applying pressure).
- It should teach what is acceptable and unacceptable behaviour in relationships.
- This will help pupils understand the positive effects that good relationships have on their mental wellbeing, identify when relationships are not right and understand how such situations can be managed.



# Our vision

By the time they leave year 11 our students will be able to make informed decisions with regard to their own health (including sexual health) and personal well-being whilst having regard for the well-being and rights of others



# Communicating with parents

- PSHE behaviour for learning grades are included on reports home
- A letter on the academy website explains the curriculum and 'Right to withdraw procedure' (copies available)
- Our policy and curriculum overviews are available on the academy website (copies available)
- You are welcome to view our classroom teaching materials this evening – or at any time in the future

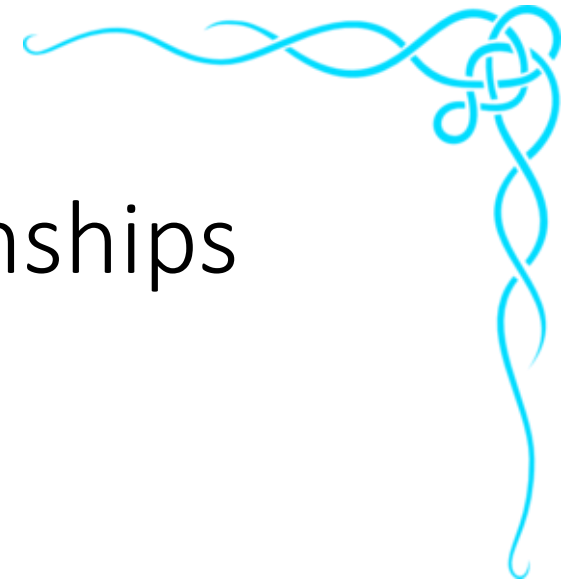




# Assessment and Reporting

Tutors will use the following 'Behaviour for Learning' criteria to assess students' attitudes during PSHE lessons:

1. The student frequently makes a **valuable contribution** to PSHE lessons and is able to **engage with** challenging / sensitive topics with maturity, showing respect for the opinions of others
2. The student is **attentive** during PSHE lessons and **willing to engage** with class discussion of challenging / sensitive topics
3. The student's approach to PSHE lessons is inconsistent, finding it **difficult to engage** with challenging / sensitive topics **with maturity**
4. The student **does not engage** in PSHE lessons



## FAQ's

Why have the government made Relationships and Sex Education and Health Education statutory?

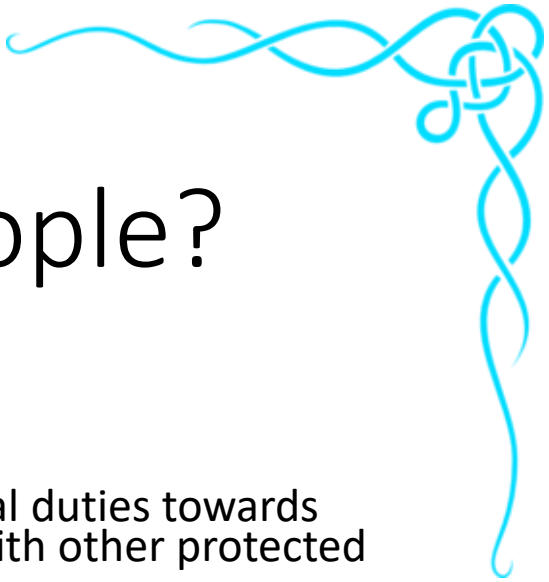
- Receiving high-quality Relationships Education is vital in preparing all children and young people for life in 21st Century Britain, and so it's important that it's a statutory subject. It gives children and young people the information they need to understand what happy, healthy and respectful relationships look like (including friendships and family relationships) and how to have them, and to make informed decisions about their wellbeing.



## FAQ's

Why have the government made Relationships and Sex Education and Health Education statutory?

- It helps all young people grow up with respectful attitudes towards people who are different to them, helping to proactively tackle the prejudice-based bullying that remains common in many of our schools. It also supports children and young people to stay safe, including online, and know when to ask for help. Overall, it helps to foster a safe, supportive school environment for young people to grow up in.



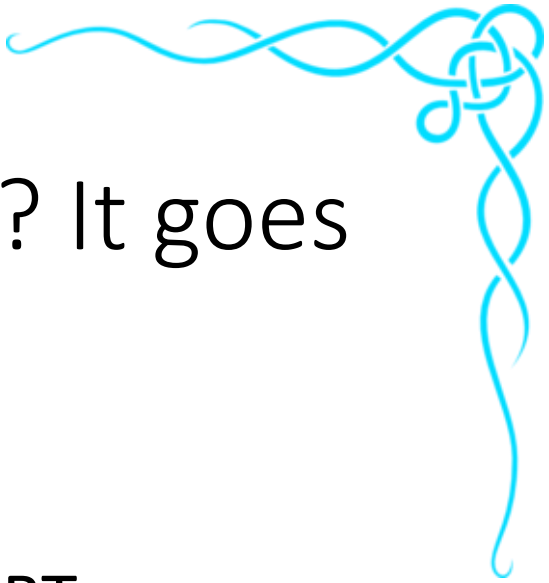
# FAQ's

## Why are you teaching about LGBT people?

Teaching about LGBT people helps make sure that children with same-sex parents feel included in this teaching, and see their families reflected in what they learn.

It helps schools to meet their legal duties towards LGBT people, alongside people with other protected characteristics, including:

- age
- disability
- gender reassignment
- marriage and civil partnership
- pregnancy and maternity
- race
- religion or belief
- sex
- sexual orientation



# FAQ's

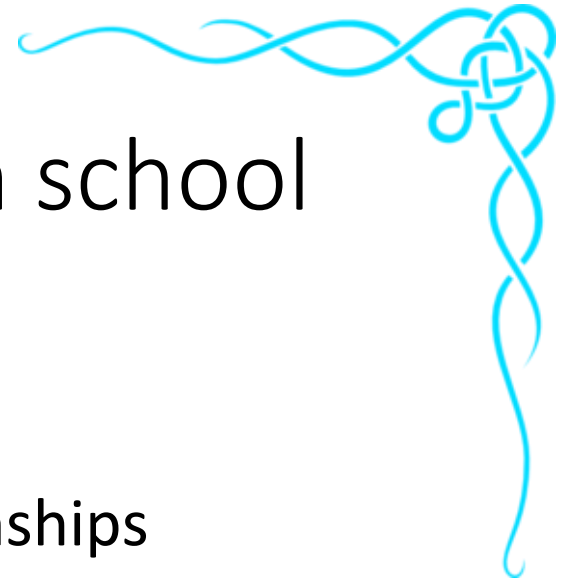
Why are you teaching about LGBT people? It goes against the teachings of my religion.

- There are of course different religious perspectives on LGBT relationships.
- By building understanding for people from all different backgrounds – including LGBT people, people of different faiths, people with different ethnicities and more – schools can support all pupils to respect people who are different to them, helping to tackle the prejudice-based bullying.

# FAQ's

## Can parents withdraw their children from school RSE?

- Parents will not be able to withdraw their child from Relationships Education in primary school or secondary school
- At secondary school level parents will be able to withdraw their child from sex education (other than the sex education which sits in the National Curriculum as part of science in maintained schools). However a child will also have a right to opt into sex education from their 15th birthday (specifically three academic terms before they turn 16)
- See the academy policy to find out about our process regarding your 'Right to withdraw from RSE'



# FAQ's

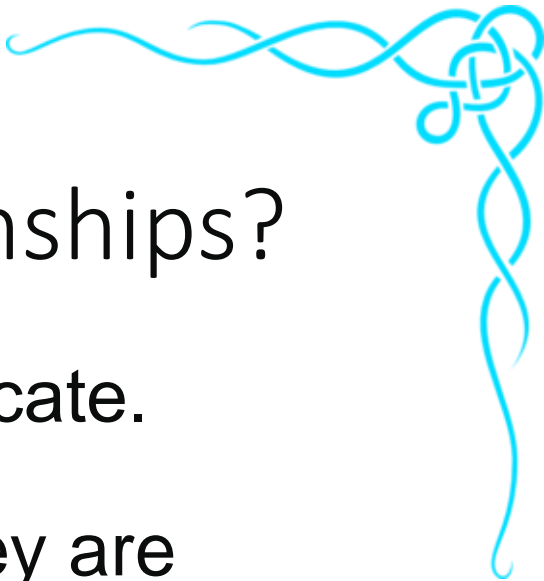
Will my child's school have to consult with me before teaching these subjects?

Schools are required to consult with parents when developing and reviewing their policies for Relationships Education and RSE.

Effective consultation gives the space and time for parents to input, ask questions and share concerns.

What is taught, and how, is ultimately a decision for the school and consultation does not provide a parental veto on curriculum content.





## FAQ's

Will these subjects promote LGBT relationships?

No, these subjects don't 'promote' anything, they educate.

Pupils should be taught about the society in which they are growing up. These subjects are designed to foster respect for others and for difference, and educate pupils about healthy relationships.

RSE should meet the needs of all pupils, whatever their developing sexuality or identity – this should include age-appropriate teaching about different types of relationships in the context of the law.





# Sources of support / useful websites

- <https://www.childline.org.uk/info-advice/>



- <https://www.brook.org.uk/>



Healthy lives for young people

- <https://www.relate.org.uk/>

(Parenting teenagers section)



- [www.riseabove.org.uk](http://www.riseabove.org.uk)



- [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)



In the Academy: Julie Blyde – Welfare manager  
Denver Jones – Student counsellor  
Trish Heils – Young person’s health advisor  
Ashley Westwood – School nurse