

Y11 PSHE PROGRAMME 2019/20

WEEK No.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40							
W/C	02-Sep	09-Sep	16-Sep	23-Sep	30-Sep	07-Oct	14-Oct	21-Oct	28-Oct	04-Nov	11-Nov	18-Nov	25-Nov	02-Dec	09-Dec	16-Dec	23-Dec	30-Dec	06-Jan	13-Jan	20-Jan	27-Jan	03-Feb	10-Feb	17-Feb	24-Feb	03-Mar	10-Mar	17-Mar	24-Mar	31-Mar	07-Apr	14-Apr	21-Apr	28-Apr	05-May	12-May	19-May	26-May	02-Jun	09-Jun	16-Jun	23-Jun	30-Jun	07-Jul	14-Jul	21-Jul
WEEK	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	A	B	
UNIT	Careers Steps for Year 11					Health and Prevention					Snagged				Study Skills / Revision / Assessment / Progress Review / Outside speakers - SLT to support													Exam Period																			
SESSION	1	2	3	4	5	1	2	3	4	5		1	2	3	4	5	6	7	1	2	3	4	5		6	7	8	9	10	11	12	13	1	2		3	4	5									
CONTENT	1 Self Awareness 2 Exploring Personal Strengths for Employment 3 Post 16 Options and qualifications 4 & 5 Half year group using 'START' for career planning in ICT rooms / Half Year group assembly in theatre					1 Preventing infection 2 Immunisation and Vaccination 3 Self examination and screening 4 The importance of sleep 5 Dealing with stress ASSESSMENT WEEK 1					Snagged! Grooming: How and why? Josh's story Sophie's story				Ben's story Who are the groomers? The way out				1 Why study? / 2 Your brain / 3 Learning styles 4 Revision Plan 5 Dealing with distractions / 6 Looking after yourself			7 How good is your memory? / 8 Mnemonics 9 Successful Study Tips ASSESSMENT WEEK 2 10 Your own notes are best! 11 30:5:1 12 The Forty Sentence Essay Plan 13 Mind Maps 14 Flash cards & Post-its 15 Chunking 16 Study Buddies / 17 Recording 18 Practice makes perfect! / 19 Performing on the day / 20 Key words in exam questions																									
NOTES	START' will be delivered in ICT rooms on a carousel basis. Tutors will be notified.					Tutors: Session 3 prep-watch the video and know students circumstances in relation to cancer					Unit based on the Snagged film							Activity 7 onwards - 20 minute input from tutors on a study technique. Then time for students to use the technique, or a different one for their own study.																													